

Name:

STUDENT ID NO:

Class:



**Grade 4
Academic Year 2016/2017
Term 1 Mid-Term Exam
Version 2**

I. Reading (10 points)

10

Time allowed: 20 minutes

Read the text about the **Skipping Rope** game. Answer the questions below.

Skipping Rope

AD5C_Demo04

Skipping rope is a fun game. Children usually play it at school. There are many different ways to play it. One person can play, but it is more fun with a group of friends. This is how you can play it by yourself. You will need a long rope. Stand up and pick up the rope. Hold one end of the rope in each hand. **Swing** the rope over your head and **jump over it**. Jump right up and come back down. You can count up to 100, one number for each jump. When you are tired you can stop and start to count all over again. Skipping rope is good for you because it is good exercise and not just a game!

ADEC04



* <rope

Part 1: Read the text and answer the questions. Circle **Yes or No**.

1. There are only two ways to play the game.
2. You can play on your own.
3. You need a short rope.

1. Yes	No
2. Yes	No
3. Yes	No

Part 2: Read the text again. Fill in the blanks using the words below.

sit down head boring pick up hands fun fingers

4. Skipping rope is _____.
5. Stand up and _____ the rope.
6. Hold the ends of the rope in your _____.
7. Then, swing it over your _____.

Part 3: Read the text and write the answers below (up to four words).

8. Where do children play skipping rope?

9. When do you stop?

10. Why is skipping rope good for you?
